MyCare Ohio Plan Comparison for Members with Long-Term Services and Supports

Last updated: October 2026

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Purpose

The purpose of this guide is to help you select the health plan best suited to your needs. The guide describes the benefits all MyCare Ohio plans must offer. It also lists supplemental benefits and value-added services unique to each plan for people who are receiving long-term services and supports. As you consider your choice, take advantage of this guide and other resources available to you through the Ohio Medicaid Consumer Hotline.

This edition of the MyCare OhioSelection Guide reflects benefits provided by the MyCare plans for January 2027. The benefits detailed in this document are subject to change throughout the year. We encourage you to check with the MyCare Ohio plans to locate the most recent information. You can find additional information in the appendix.

Choosing a Next Generation MyCare Ohio Plan?

Visit the Ohio Medicaid Consumer Hotline Portal at https://members.ohiomh.com where you can login and make a plan selection.

Call the Ohio Medicaid Consumer Hotline at (800) 324-8680. Representatives are available 7 a.m. to 8 p.m. Monday through Friday and 8 a.m. to 5 p.m. on Saturday. They can provide interpreters and answer your questions about how to select a plan.

Call the Ohio Senior Health Insurance Information Program (OSHIIP) at (800) 686-1578 or OSHIIPmail@insurance.ohio.gov. Representatives are available from 7:30 a.m. to 5:00 p.m. Monday through Friday. OSHIIP helps with information about Medicare coverage.

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Definitions

24/7 Nurse Hotline: A 24/7 advice line with an experienced staff of registered nurses to assist you with triage care (deciding whether self-care, doctor care, or emergency care is appropriate), understanding a medical condition or recent diagnosis, preparing questions for an upcoming medical appointment, learning more about medications, and more.

Application or Online Services: Ability to engage with a plan in ways other than telephonically, such as an online member portal to view claims, enroll in incentives, print member ID card, and more.

Care Team: Help you get care through your plan, accessing resources, and advocating for your healthcare needs. All MyCare Ohio members have care coordinator to help you with your care needs. If you are on a waiver or have Medicare benefits through a different plan, there will be more people you need to work with on your care needs.

Community-Based Palliative Care: Services related to advanced care planning, physical symptom management, and access to an interdisciplinary care team to help meet your goals.

Dental: Services related to dental care such as regular cleanings, X-rays, fillings, dentures, and more.

Health and Wellness Program: Programs targeted to provide care for specific populations (babies, children, etc.) or for management of a chronic illness (asthma, diabetes, etc.).

Hearing: Services related to hearing care such as hearing tests, hearing aids, and more.

Long-Term Services and Supports (LTSS): services that meet a nursing home level of care that were assessed for and determined to be needed for a person by either CareStar or the Area Agency on Aging. LTSS can be provided in a person's home, an assisted living facility, or a nursing home. Common services in a person's home may include home delivered meals or personal care aide services.

Medicare: A federal health coverage program for individuals who are age 65 and older or people who were determined by the Social Security Administration to have a qualifying disability. The program has multiple parts:

- **Part A:** Coverage for inpatient care.

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- **Part B:** Coverage for outpatient care.
- **Part C:** Coverage by a Medicare Advantage Plan which combines Parts A and B, and sometimes Part D into a single coverage plan. It may include supplemental benefits as well.
- **Part D:** Coverage for prescription drugs.

Member Advisory Council: Quarterly meetings with the MyCare Ohio plans to provide you with a chance to share thoughts and ideas on how the plans can better serve you.

MyCare Ohio: A healthcare program for Ohioans with both Medicaid and Medicare. It brings together all your care into one plan and offers the full range of traditional Medicaid and Medicare benefits. This includes long-term care, assisted living, nursing facilities, and behavioral health services, along with extra support like transportation and rewards.

Dual Benefits Member: Members who receive both Medicare and Medicare benefits through your MyCare Ohio plan. Sometimes, it is called aligned or integrated care.

Medicaid-Only Member: Members who receive only your Medicaid benefits through your MyCare Ohio plan and have a separate plan for your Medicare benefits. Sometimes, it is called unaligned or unintegrated care.

Non-Emergency Services: Services that do not require immediate or fast action, such as a minor injury.

Pharmacy: The Medicare Part D program covers most prescription drugs. Some over-the-counter medications are available through Medicaid. You can also visit the MyCare Ohio plan websites to learn more about pharmacy benefits coverage.

Qualifying Health Conditions: Diagnosed health conditions that may allow you to get certain supplemental benefits from your plan, if you are enrolled as a dual benefit member. They may include, but are not limited to, diabetes, high blood pressure, heart failure, or Chronic obstructive pulmonary disease (COPD).

Specialized Recovery Services Program: Ohio's Specialized Recovery Services (SRS) program is a type of Medicaid eligibility for adults with severe and persistent mental illness for certain diagnosed chronic conditions, and for those actively waiting on specific transplant lists. Individuals who reside in a home and community-based setting and agree to participate in the development of a person-centered care plan are eligible for services. In addition to full Medicaid

coverage, SRS members may receive specialized services that help to maintain stability in the community, improve functioning, and prevent relapse. More information can be found on the ODM website's SRS page.

Social Determinants of Health (SDOH): Factors that affect how healthy or unhealthy a person is which can include where you live, your income, the safety of your home and neighborhood, if you have access to clean water, healthy foods, clean air, etc.

Supplemental Benefits: A supplemental benefit is an item or service covered by a Medicare Advantage Plan that is not covered by original Medicare. These benefits do not need to be provided by Medicare providers or at Medicare certified facilities. Instead, to receive these items or services, you must follow your plan's rules. Some common benefits are dental care, vision care, hearing aids, and gym memberships.

Transportation: Transportation services are paid for by the MyCare Ohio plans and County Department of Job and Family Services Non-Emergency Transportation (NET). MyCare Ohio plans must provide transportation to medically necessary medical care that is 30 or more miles from your home.

Vision: Services related to eye care such as eye exams, glasses, contact lenses, and more.

Waiver Service Coordinator: A person who is responsible for assisting in coordination of all benefits, services and community resources as well as coordinating and overseeing the usage of all authorized waiver services for members enrolled in Home and Community-Based Services (HCBS) waiver programs.

Worldwide Emergency/Urgent Care Coverage: Provides medical and dental coverage for unexpected medical emergencies and urgent conditions when you are traveling outside the United States.

Value-Added Services: Services provided by the MyCare Ohio plans that are in addition to the required health services that all plans must offer. These services are not available in the Medicaid fee-for-service program.

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Health Benefits All Plans Must Offer*

Anthem Blue Cross and Blue Shield, Buckeye Health Plan, CareSource, and Molina HealthCare of Ohio

- Behavioral health services, including treatment for mental health and substance use disorders (see appendix for more information)
- Blood glucometers and blood glucose test strips
- Chiropractic services
- Contraceptive services and counseling
- Dental services, including:
  - One cleaning per calendar year
  - For pregnant members – two cleanings per calendar year
  - Dentures, fillings, extractions, crowns, medical and surgical dental services, and root canals (based on medical necessity)
- Durable medical equipment and medical supplies
- Home health and private duty nursing services
- Hospice care
- Immunizations
- Inpatient hospital services
- Laboratory and x-ray services
- Nurse-midwife, certified family nurse practitioner
- Nursing facility services
- One care coordination team to help you with your care for both your Medicaid and Medicare benefits
- One member ID card to be used at your appointments (If your MyCare Ohioplan covers only your Medicaid benefits, you will have up to three cards for your benefits)
- Outpatient hospital services (including those provided by rural health clinics and federally qualified health centers)
- Physical, occupational, developmental, and speech therapy services
- Physician services
- Podiatry services
- Prescription drugs and over-the-counter medications (see appendix for more information)
- Telehealth
- Transportation services, including:
  - Necessary transportation by ambulance or wheelchair van, without regard to distance
  - Necessary transportation by standard vehicle (e.g., taxicab, sedan) when the nearest network provider is located at least 30 miles away
  - If you exhaust the value-added transportation benefit, the health plan works with you to transition them to their county non-emergency medical transportation (NEMT), if possible
- Vision care services, including:
  - Members 21 to 59 years old receive one exam and eyeglasses every 24 months
  - Members over 60 years old receive one exam and eyeglasses every 12 months

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Value-Added Services for Dual Benefit Members*

	Anthem Blue Cross and Blue Shield	Buckeye Health Plan	CareSource	Molina HealthCare of Ohio
24-Hour Nurse Hotline	Available	Available	Available	Available
Application and Online Services	**Substance Use Disorder Recovery Support program** is a mobile platform that provides daily motivation/check-in, peer support groups, clinician and coach messaging, reminders, and educational content to support ongoing recovery **Emotional Well-Being Program** provides unlimited access to online community, promoting behavioral health and wellness through instruction, coaching, goal setting and monitoring	**Access to FindHelp** database through call center, for community resources including food, housing, legal assistance, fitness programs, etc. **Portal Activities Rewards** option to earn rewards by visiting the member portal, updating member profile, engaging with a provider summary, and learning and engaging	**MyLife** platform to help deliver personalized wellness, mental health, and self-management tools that can help you better understand your health, take action, and more easily access the support and care you need **FindHelp** MyResources helps you find low or no-cost programs in your community for food, shelter, school, work, financial support and more **Pulsewrx** connects you to a program that can help you get access to a free or low-cost smartphone. If you qualify, you can get a phone with unlimited talk, text and data	**Silver and Fit** provides on demand workout videos, virtual events, and online resources through Well-Being club and coaching sessions **$0 smartphone and phone plan** for qualifying members **Technology coaches** to help you use your phone or computer to access healthcare providers **Handheld digital language translator** when residing in a long-term care facility

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Value-Added Services for Dual Benefit Members*

	Anthem Blue Cross and Blue Shield	Buckeye Health Plan	CareSource	Molina HealthCare of Ohio
Application and Online Services Continued	**Digital Library Membership and eReader Get Connected to Health** members can receive a smartphone that's preloaded with a curated selection of digital health applications and resources designed to help them quickly access care and stay healthy **Community Resource Link** is an online resource which locates and displays all available local community-based programs, benefits, and services **Industry Certification Assistance** members can receive a gift card to help cover the cost of industry certifications		**CareSource LifeServices** provides resources for members and caregivers including: **FoodConnect** ensures that members have access to culturally and medically appropriate meals in a timely manner **HousingConnect** connects to housing supports, including resources to facilitate repairs meant to make existing housing safe **PeerConnect** connects with certified peer supporters who have similar lived experience and who can provide emotional support through life's challenges	

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Value-Added Services for Dual Benefit Members*

	Anthem Blue Cross and Blue Shield	Buckeye Health Plan	CareSource	Molina HealthCare of Ohio
Application and Online Services Continued			**CaregiverConnect** supports caregivers who support members through educational resources and social support **CareSource JobConnect** supports your path toward educational attainment and job (re-) training	
Community-Based Palliative Care and Palliative Care	Services are available for eligible members with serious or life-threatening illness and focus on improving quality of life at any stage of the condition. Services are provided by an interdisciplinary team of healthcare professionals and may include advance care planning, management of physical symptoms (including medications), and ongoing support to address complex care needs	Services are available for eligible members with serious or life-threatening illness and focus on improving quality of life at any stage of the condition. Services are provided by an interdisciplinary team of healthcare professionals and may include advance care planning, management of physical symptoms (including medications), and ongoing support to address complex care needs	Services are available for eligible members with serious or life-threatening illness and focus on improving quality of life at any stage of the condition. Services are provided by an interdisciplinary team of healthcare professionals and may include advance care planning, management of physical symptoms (including medications), and ongoing support to address complex care needs	Services are available for eligible members with serious or life-threatening illness and focus on improving quality of life at any stage of the condition. Services are provided by an interdisciplinary team of healthcare professionals and may include advance care planning, management of physical symptoms (including medications), and ongoing support to address complex care needs

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Value-Added Services for Dual Benefit Members*

	Anthem Blue Cross and Blue Shield	Buckeye Health Plan	CareSource	Molina HealthCare of Ohio
Dental	Additional preventative and comprehensive dental care $0 copayment for Medicaid-covered dental services	One additional dental cleaning per year $0 copayment for Medicaid-covered dental services	$3,000 supplemental allowance for use toward one extra oral exam, one extra cleaning, two fluoride treatments, and implants $0 copayment for Medicaid-covered dental services	One additional cleaning per calendar year $0 copayment for Medicaid-covered dental services
Flexible Spending Card (Special Supplemental Benefits for the Chronically Ill [SSBCI] benefit card) See Appendix for chronic conditions	Flex card benefit of $405 per month for over the counter (OTC) drugs and supplies. For members with certain chronic conditions, card can be used for things like food, utilities, personal grooming, etc.	Wellcare card benefit of $240 per month for OTC drugs and supplies, or members with certain chronic conditions, card can be used for things like food, utilities, personal grooming, etc.	$300 per month Healthy Benefits and monthly allowance for all members with qualifying health conditions that can be used for things like food, utilities, personal grooming, etc.	Molina Complete Debit Card of $264 monthly for over-the- counter drugs and supplies, transportation for non-medical needs, groceries, utilities, rent assistance for assisted living, or personal grooming, etc.

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Value-Added Services for Dual Benefit Members*

	Anthem Blue Cross and Blue Shield	Buckeye Health Plan	CareSource	Molina HealthCare of Ohio
Health and Wellness Programs	**Sensory Solutions** gift card to purchase sensory products **Movie night package** to help reduce social isolation **Home safety benefit** allowance to buy safety devices (grab bars, tub/shower treads, hand showers, etc.) **Healthy Home** gift card for use toward pest control treatments or carpet cleaning services **One item** from a custom cooking catalog **Fresh Food Connec**t members can select from one of the following: ○ Three boxes of farm-fresh produce delivery ○ Annual Sam's Club membership ○ Annual Costco membership ○ Healthy grocery gift card	**My Wellcare Rewards** earn annual rewards by completing the following healthy activities: **Caregiver Respite Services** of 40 hours per year	**Caregiver Respite** of 40 hours per year of respite care to support unpaid caregivers of eligible MyCare Ohio Waiver members. Services are provided as personal care for the members and are in addition to services included in the member's care plan **Companionship support** of 2 hours per week not to exceed 30 hours per year and cannot duplicate existing covered services **Silver&Fit** gym membership at participating fitness centers and one home fitness kit per calendar year	**Member Care Grant** care coordinator granted emergency funds for housing, utility assistance, laundry services, home modifications transition assistance, legal services for assistance filing for guardianship or help with asset protection and financial planning to protect and maintain a member's home up to $500 per year **Meal benefit post discharge, post-surgery, or homebound** standard meal cycle is a 2-week menu with a total of 28 meals, based on member needs. Maximum of 56 meals and 4 weeks per year

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Value-Added Services for Dual Benefit Members*

	Anthem Blue Cross and Blue Shield	Buckeye Health Plan	CareSource	Molina HealthCare of Ohio
Health and Wellness Programs Continued	**Two items** from a custom catalogue of asthma and COPD relief solution **In-home respite services** up to 24 hours of in-home care per year **Fitness Benefit** access to contracted fitness facilities and virtual fitness programs including live and on-demand classes **Personal Emergency Response System (PERS)** of one per person and includes the monitoring device and monitoring service **In-home respite** of 40 hours supplemental care **Post discharge meals** up to 2 medically-tailored meals delivered for 21 days to enhance recuperation		**Centers for Independent Living Peer Program** provides core services, including advocacy, information and referral, peer support, skills, training, and assistance with transitioning from nursing homes or institutions to community-based living **Safety kits** for members only who meet the care team's assessment of being unsafe in their home due to medical condition. Safety kits will be a box delivered to member's home with door alarms and shoe tags. To learn more talk to your Care Coordinator	**Meals for members with chronic illness** members with qualifying chronic conditions get 168 covered meals per year (14 meals per month, up to 12 months) **Home safety kit** door and window alarm sensors to monitor entrances, for member with memory loss **Caregiver respite** 40 hours of respite care from a participating provider, for MyCare waiver members only **Bathroom safety improvements** up to $1,500 each year if you qualify to make your bathroom safer and help prevent falls

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Value-Added Services for Dual Benefit Members*

	Anthem Blue Cross and Blue Shield	Buckeye Health Plan	CareSource	Molina HealthCare of Ohio
Health and Wellness Programs Continued	**Housing stability program** referral program is designed to find safe and stable housing for members experiencing homelessness or at risk of homelessness **Social determinants of health support** offers a one-time financial support to help with eligible expenses. These funds can help remove barriers related to housing, employment, education, and other social needs **Unlimited routine podiatry**		**12-Week WW membership** for eligible members who participate in care coordination with a qualifying condition of high blood pressure, diabetes, or obesity (body mass index of 30 or greater). To learn more, talk to your care coordinator **Centers for Independent Living (CILs)** provide core services including advocacy, information and referral, peer support, skills training, and assistance with transitioning from nursing homes or institutions to community-based living	

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Value-Added Services for Dual Benefit Members*

	Anthem Blue Cross and Blue Shield	Buckeye Health Plan	CareSource	Molina HealthCare of Ohio
Health and Wellness Programs Continued			**My CareSource Rewards** program to earn up to $595 in rewards when completing important screenings for health and disease management	
Hearing	$300 OTC hearing aid allowance or $3,000 prescription hearing aid allowance	Not applicable	More frequent coverage of hearing aids (every 3 years)	More frequent coverage of hearing aids (every 2 years) Members with mild to moderate hearing loss may choose and over the counter hearing aid without a prescription
Member Advisory Council	Opportunity to participate in quarterly meetings	Opportunity to participate in quarterly meetings	Opportunity to participate in quarterly meetings	Opportunity to participate in quarterly meetings with $15 reward per meeting
Non-Emergency Services	$0 copayment for non-emergency services obtained in a hospital or emergency department	$0 copayment for non-emergency services obtained in a hospital or emergency department	$0 copayment for non-emergency services obtained in a hospital or emergency department	$0 copayment for non-emergency services obtained in a hospital or emergency department

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Value-Added Services for Dual Benefit Members*

	Anthem Blue Cross and Blue Shield	Buckeye Health Plan	CareSource	Molina HealthCare of Ohio
Pharmacy	$0 copayment for prescription drugs	$0 copayment for prescription drugs	$0 copayment for prescription drugs	$0 copayment for prescription drugs
Transportation	Unlimited routine, non-emergency one-way trips (within 60 miles) to locations within local service area when obtaining plan-approved health-related services Up to 60 one-way rides to community resources and services, within 30 miles of their location Gift card to purchase bus pass, gas card	30 one-way trips for medical services and community act	Unlimited transportation for medically necessary services, pharmacy, community/wellness services, SDOH-related services, grocery stores, and fitness program participating gym	Unlimited non-emergency medical transportation 30 non-medical trips to plan app
Vision	One annual eye exam $450 eye wear allowance $0 copayment for Medicaid-covered vision services	$0 copayment for Medicaid-covered vision services	One annual eye exam $250 annual eyewear allowance $0 copayment for Medicaid-covered vision services	Annual routine eye exam with network provider $300 eyewear allowance $0 copayment for Medicaid-covered vision services
Worldwide Emergency/Urgent Coverage	$100,000 maximum plan coverage per calendar year	$50,000 maximum plan coverage per calendar year	$10,000 maximum plan coverage per calendar year	$10,000 maximum plan coverage per calendar year

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Value-Added Services for Medicaid-Only Members*

	Anthem Blue Cross and Blue Shield	Buckeye Health Plan	CareSource	Molina HealthCare of Ohio
24-Hour Nurse Hotline	Available	Available	Available	Available
Application and Online Services	Not applicable	**Access to FindHelp database** through call center, for community resources including food, housing, legal assistance, fitness programs, etc.	**Personalized digital experience** for you to obtain your ID number, plan and benefit information, connect with care team, and more. **FindHelp** MyResources helps you find low or no-cost programs in your community for food, shelter, school, work, financial support and more **PeerConnect** connects members with certified peer supporters who have similar lived experience and who can provide emotional support through life's challenges **myStrengthSM** personalized support to better your mood, mind, body, and spirit	Not applicable

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Value-Added Services for Medicaid-Only Members*

	Anthem Blue Cross and Blue Shield	Buckeye Health Plan	CareSource	Molina HealthCare of Ohio
Application and Online Services Continued			**CareSource LifeServices** provides resources for members and caregivers **FoodConnect** ensures that members have access to culturally and medically appropriate meals in a timely manner **HousingConnect** connects members to housing supports, including resources to facilitate repairs meant to make existing housing safe **CareSourceJobConnect** supports your path toward educational and job (re-) training	
Dental	One additional dental cleaning per year $0 copayment for Medicaid-covered dental services	$0 copayment for Medicaid-covered dental services	$0 copayment for Medicaid-covered dental services	$0 copayment for Medicaid-covered dental services

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Value-Added Services for Medicaid-Only Members*

	Anthem Blue Cross and Blue Shield	Buckeye Health Plan	CareSource	Molina HealthCare of Ohio
Health and Wellness Programs	**Post discharge meals** up to 14 delivered medically tailored meals for 7 days to enhance recuperation	Not applicable	Not applicable	Not applicable
Member Advisory Council	Opportunity to participate in quarterly meetings	Opportunity to participate in quarterly meetings	Opportunity to participate in quarterly meetings	Opportunity to participate in quarterly meetings
Non-Emergency Services	$0 copayment for non-emergency services obtained in a hospital or emergency department	$0 copayment for non-emergency services obtained in a hospital or emergency department	$0 copayment for non-emergency services obtained in a hospital or emergency department	$0 copayment for non-emergency services obtained in a hospital or emergency department
Pharmacy	Members receive a gift card to use toward the purchase of OTC products $0 copayment for Medicaid-covered prescription drugs	$0 copayment for Medicaid-covered prescription drugs	$0 copayment for Medicaid-covered prescription drugs	$0 copayment for Medicaid-covered prescription drugs

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Value-Added Services for Medicaid-Only Members*

	Anthem Blue Cross and Blue Shield	Buckeye Health Plan	CareSource	Molina HealthCare of Ohio
Transportation	Up to 60 one-way rides to community resources and services and to provider appointments (within 30 miles of their location)	Not applicable	Not applicable	Not applicable
Vision	An additional $100 towards the yearly eye wear allowance toward fitting and purchase of eyeglasses or contact lenses	Not applicable	Not applicable	Not applicable

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Appendix

MyCare Ohio Plans:

- Anthem Blue Cross and Blue Shield: 833-727-2169
- Buckeye Health Plan: 855-445-3562
- CareSource: 855-475-3163
- Molina Healthcare of Ohio: 866-856-8295

SSBCI Eligibility: MyCare Ohio plans offer SSBCI flex cards for people with long-term health problems, sometimes called "chronic conditions." The list below shows the chronic health conditions most plans cover. Two of the plans cover a few extra conditions, and those are listed separately.

- Autoimmune disorders
- Cancer
- Cardiovascular disorders
- Chronic alcohol use disorder and other substance use disorders (SUDs)
- Chronic and disabling mental health conditions
- Chronic heart failure
- Chronic kidney disease
- Chronic gastrointestinal disease
- Chronic lung disorders
- Conditions with cognitive impairment
- Conditions that require therapy services so people can maintain or retain functioning
- Conditions with functional challenges
- Dementia
- Diabetes mellitus
- HIV/AIDS
- Neurologic disorders
- Overweight, obesity, and metabolic syndrome
- Post-organ transplantation
- Severe hematologic disorders
- Stroke

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Additional SSBCI Health Condition Inclusions:

Anthem, CareSource, and Molina	Chronic conditions that impair vision, hearing, taste, touch, and smell
Anthem, CareSource, and Molina	Immunodeficiency and immunosuppressive disorders
Anthem only	Chronic back pain, chronic hypertension, Osteoporosis, and Pre-diabetes
Buckeye only	Endometriosis

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