# Aetna Better Health of Ohio, Inc. – MyCare Ohio 2025 Value Added Benefits

Dual Benefits Members	Medicaid Only Members
24-Hour Nurse Hotline	24-Hour Nurse Hotline
A single ID card for your Medicaid and Medicare benefits	N/A
A MyCare Ohio health plan to serve as your <u>single point of</u> <u>contact</u> for all your Medicare and Medicaid services	N/A
A <u>care team</u> , which will include you, your family, your doctor(s), your MyCare Ohio health plan and anyone else you choose to help make decisions about your health care	A <u>care team</u> , which will include you, your family, your doctor(s), your MyCare Ohio health plan and anyone else you choose to help make decisions about your health care
Opportunity to participate in Quarterly Member Advisory meetings in member's area	Opportunity to participate in Quarterly Member Advisory meetings in member's area
Flex card with \$50 allowance every month. Members who have a qualifying chronic condition may be eligible to receive a \$50 Extra Supports Wallet benefit amount each month. It can help pay for everyday expenses including healthy foods and utilities. Not all members qualify.* Member can verify if they qualify in the <u>2025 Member</u> <u>Handbook - Aetna Better Health® of Ohio</u> , pages 79-81.	N/A
\$0 copayment for prescription drugs	N/A
Up to \$35 worth of eligible over-the-counter (OTC) items every month purchased through the approved OTC catalog or in-network store locations.*	N/A
A gift card rewards program for preventative screenings. Members who receive one or more of the following services during the 2025 calendar year are eligible to receive gift cards in varying amounts for screenings. Screenings and amounts include Mammogram - \$25; A1C Test 2- \$25; Diabetic Retinal Eye Exam - \$25 and Flu Shot - \$25.*	N/A
Non-emergency transportation to covered health services that are 30 miles or more from member's home*	Non-emergency transportation to covered health services that are 30 miles or more from member's home*
Additional transportation - 30 round trips or 60 one-way	N/A
trips to plan-approved health-related locations*	
Oral Dental Exams, Prophylaxis (Cleaning), fluoride treatments and dental x-rays every 6 months*	Oral Dental Exams, Prophylaxis (Cleaning), fluoride treatments and dental x-rays every 6 months*
Kidney disease education services	Kidney disease education services
Fresh, home-delivered meals: 10 meals per hospital discharge	N/A
Podiatry: 6 routine foot care visits/annually	N/A
Cell phone benefit -upgrade to federal free cell phone program for those who qualify.	Cell phone benefit -upgrade to federal free cell phone program for those who qualify.
Unlimited free calls to the plan's Member Services toll-free number that do not apply to monthly minute allotment. As appropriate, the plan will send free health-related texts and other free texts.	Unlimited free calls to the plan's Member Services toll-free number that do not apply to monthly minute allotment. As appropriate, the plan will send free health-related texts and other free texts.
<ul> <li>SilverSneakers® community fitness program provides members with regular exercise and social opportunities*</li> <li>Benefit includes: <ul> <li>Access to thousands of participating fitness locations</li> <li>Use of basic amenities (weights, treadmills, pools)</li> <li>Fitness classes</li> <li>Group activities and classes outside the traditional gym setting (Community FLEX classes)</li> <li>One Home kit or Steps kit available per calendar year</li> </ul> </li> <li>Online resources include: <ul> <li>Member portal</li> <li>live and on-demand classes</li> </ul> </li> <li>SilverSneakers app with reminders to move and more</li> </ul>	N/A N/A
benefit	

\*Members may have to receive approval from the plan to obtain the benefit, and/or other conditions may apply. Please contact Aetna at 1-855-364-0974 for more information.

## Buckeye Health Plan, Inc. – MyCare Ohio 2025 Value Added Benefits

Dual Benefits Members	Medicaid Only Members
24-Hour Nurse Hotline	24-Hour Nurse Hotline
A single ID card for your Medicaid and Medicare benefits	N/A
A MyCare Ohio health plan to serve as your <u>single point of</u> <u>contact</u> for all your Medicare and Medicaid services	N/A
A <u>care team</u> , which will include you, your family, your doctor(s), your MyCare Ohio health plan and anyone else you choose to help you make decisions about your health care	A <u>care team</u> , which will include you, your family, your doctor(s), your MyCare Ohio health plan and anyone else you choose to help you make decisions about your health care
Opportunity to participate in Quarterly Member Advisory meetings in member's area	Opportunity to participate in Quarterly Member Advisory meetings in member's area
\$0 copayment for prescription drugs	N/A
Non-emergency transportation to covered health services that are 30 miles or more from member's home	Non-emergency transportation to covered health services that are 30 miles or more from member's home
Additional 60 one-way rides for covered health services annually via taxi, bus, subway, public transportation, or other routine medical transportation. Additional trips may be authorized based on enrollee's medical condition.	N/A
\$25 per calendar month over the counter (OTC) supplemental benefit. Members must receive covered OTC items available via mail order.	\$25 per calendar month over the counter (OTC) supplemental benefit. Member must receive covered OTC items available via mail order.
Access to Findhelp database through call center, for community resources including food, housing, legal assistance, fitness programs, etc.	Access to Findhelp database through call center, for community resources including food, housing, legal assistance, fitness programs, etc.
My Health Pays Program – Earn annual rewards by completing the following healthy activities: <ul> <li>Flu Shot* - \$20</li> <li>Colorectal cancer screening* - \$25</li> <li>Bone Density Test* - \$50</li> <li>Breast Cancer Screening* - \$25</li> <li>Wellness exam with PCP* - \$25</li> <li>Completing Health Risk Assessment* - \$20</li> <li>Follow Up Visits within 7 days from a Hospitalization with Mental Health Diagnosis* - \$25</li> <li>Diabetes comprehensive* - \$75</li> </ul>	N/A

\*Members may have to receive approval from the plan to obtain the benefit, and/or other conditions may apply. Benefits will be configured to align with quality-based metrics. Please contact Buckeye at 1-866-549-8289 for more information.

### **CareSource – MyCare Ohio 2025 Value Added Benefits**

Dual Benefits Members	Medicaid Only Members
24-Hour Nurse Hotline	24-Hour Nurse Hotline
A single ID card for your Medicaid and Medicare benefits	N/A
A MyCare Ohio health plan to serve as your <u>single point of</u> <u>contact</u> for all of your Medicare and Medicaid services	N/A
A <u>care team</u> , which will include you, your family, your doctor(s), your MyCare Ohio health plan and anyone else you choose to help you make decisions about your health care	A <u>care team</u> , which will include you, your family, your doctor(s), your MyCare Ohio health plan and anyone else you choose to help you make decisions about your health care
Opportunity to participate in Quarterly Member Advisory meetings in member's area	Opportunity to participate in Quarterly Member Advisory meetings in member's area
\$0 copayment for prescription drugs	N/A
\$100 quarterly allowance for Over-the-Counter (OTC) eligible items with rollover now included	N/A
Non-emergency transportation to covered health services that are 30 miles or more from member's home	Non-emergency transportation to covered health services that are 30 miles or more from member's home
Dental oral exam and prophylaxis (cleaning) covered once every 6 months	Dental oral exam and prophylaxis (cleaning) covered annually for 21 and over and twice annually for 20 and under
Additional 60 one-way trip visits to plan approved locations including provider visits, redetermination appointments, pharmacy, gym, and grocery	N/A
\$500 annual flex allowance to supplement hearing, dental and vision services, and accessories	N/A
28 meals following an inpatient or skilled nursing discharge*	N/A
Annual Physical	N/A
Rewards for Good Health– Members can earn rewards through the My CareSource Rewards program when completing important screenings for their health and disease management. The rewards card can be used at a variety of retailers including Walgreens, Walmart, Walmart.com and Kroger. * Purchase restrictions apply. Members cannot purchase tobacco, firearms, alcohol, gasoline, or lottery. Other restrictions may apply.	N/A
<ul> <li>Breast Cancer Screening - \$50</li> <li>Diabetes A1C Testing - \$50/2x per year</li> <li>Flu Shot - \$40/1x per season (potential \$80/year due to flu seasons)</li> <li>Annual Physical/Wellness - \$25</li> <li>Prenatal Visits (must complete all 7 visits) - \$85</li> <li>Postpartum Visit - \$25</li> <li><i>*Rewards may vary by age, gender, and health needs. Rewards expire one year from date of issuance.</i></li> </ul>	

\*Members may have to receive approval from the plan to obtain the benefit, and/or other conditions may apply. Please contact CareSource at 1-855-475-3136 (TTY: 1-833-711-4711 or 711) for more information.

### Molina – MyCare Ohio 2025 Value Added Benefits

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Dual Benefits Members	Medicaid Only Members
24-Hour Nurse Advice Line	24-Hour Nurse Advice Line
A single ID card for your Medicaid and Medicare benefits	N/A
A MyCare Ohio health plan to serve as your single point of contact for all your Medicare and Medicaid services	N/A
A <u>care team</u> , which will include you, your family, your doctor(s), your MyCare Ohio health plan and anyone else you choose to help you make decisions about your health care	A <u>care team</u> , which will include you, your family, your doctor(s), your MyCare Ohio health plan and anyone else you choose to help you make decisions about your health care
Opportunity to participate in Quarterly Member Advisory meetings in member's area	Opportunity to participate in Quarterly Member Advisory meetings in member's area
\$0 copayments for prescription drugs	N/A
Non-emergency transportation to covered health services that are 30 miles or more from member's home	Non-emergency transportation to covered health services that are 30 miles or more from member's home
Additional 30 one-way rides to covered health services. Door-to-door ride service when requested. Flexible options like rideshare services, an all-day bus pass and gas vouchers. Stops to the pharmacy after a doctor visit. Prior authorization may be required for certain services.	N/A
Dental Preventive Services including examinations, dental X-rays, and cleanings are each covered two times a year	N/A
\$20 in covered Over-the-Counter Medications and Supplies purchases every month without carry over.	N/A
\$0 Copay for up to 56 home delivered meals over 4 weeks, for qualifying members after transitioning from an in- patient hospital setting or skilled nursing facility, for members with a chronic illness, and for members with a medical condition or potential medical condition that requires the member to remain at home for a period of time.	N/A
The Silver&Fit Program comes at no-cost for members. It provides unlimited access to participating fitness centers, one home fitness kit (options include fitness tracker), customized exercise plan, digital workout video online, healthy aging coaching and classes, and rewards for reaching goals.	N/A
Additional telehealth services are available for Primary Care Physician Services. You have the option of getting these services through an in-person visit or by telehealth from a network provider who offers the service by telehealth. Prior authorization may be required for certain services.*	N/A

\*Members may have to receive approval from the plan to obtain the benefit, and/or other conditions may apply. Please contact Molina Dual Options MyCare Ohio (Medicare-Medicaid Plan) at 1-855-665-4623 (TTY 711) Monday – Friday, 8 a.m. 8 p.m. local time for more information.

### United Healthcare Community Plan - MyCare Ohio 2025 Value Added Benefits

Medicaid Only Members
24-Hour Nurse Hotline
N/A
N/A
A <u>care team</u> , which will include you, your family, your doctor(s), your MyCare Ohio health plan and anyone else you choose to help make decisions about your health care
Opportunity to participate in Quarterly Member Advisory meetings in member's area
N/A
Non-emergency transportation to covered health services that are 30 miles or more from member's home
Additional 30 one-way trip visits annually for non-waiver members via taxi, bus, subway, public transportation, or other routine medical transportation appropriate to the enrollee's condition. Mileage reimbursement with appropriate documentation and request.
Monthly \$25 Food Benefit: a single prepaid card is issued at the start of the plan year and loaded every month to buy healthy groceries at no cost. The prepaid card can be used at participating retailers. This is an in-store benefit. The card can be used to buy approved grocery items which include fruits and vegetables, dairy products, beans, bread, fish, poultry and more. Excludes tobacco and alcohol. Unused credits expire at the end of each month.
Careforth Caregiver Support Services: supports focused on the caregiver needs (education, empowerment, resources) to prevent burnout and to gather insights from the home that can provide early insights to care managers on escalating risk and change in condition
Access to Findhelp database through call center, for community resources including food, housing, legal assistance, fitness programs, etc.
Pyx is a mobile app with call center staff additionally able to take live calls to address social isolation, companionship, and help members identify community resources to address social determinants of health (SDOH). The services are available through care management referral.
N/A
Healthy First Steps: A clinical program focusing on the importance of prenatal and postpartum care.
Pregnant members can earn rewards through Babyscripts mobile app program from conception through 12 months postpartum. Gives access to detailed resources on key topics such as nutrition, exercise, newborn care, pregnancy stages, breastfeeding, and weight tracking. Gift Cards for enrollment in the program and for prenatal and postpartum visits. Members can earn \$20 for enrollment, \$15 for a prenatal visit, and \$15 for a postpartum visit.

contact United at 1-877-542-9236 for more information. October 2024